

Success Stories: Kate Harmon



Life after Diagnosis by Kate Harmon

"So this is my story about how diagnosis and knowledge have changed and improved my life as an adult living with autism. I've recently taken a shine to photography and have joined the photography and friendship group 'Thru the Lens' at Bass Coast Adult Learning. I must admit I'm starting to make a name for myself with paid assignments and entering an exhibition at the Goods Shed. This has been quite a surprise. I absolutely enjoy going to this group.

The other thing that's helping me become an active member of society is music, which soothes my soul. These days I concentrate on the alto saxophone and clarinet but at one stage I was playing six instruments: violin, flute, baritone horn, cornet, alto saxophone and clarinet."

Read Kate's full article at <https://www.basscoastpost.com/point-of-view/life-on-the-spectrum>

